

Green Class Daily Programme – 3 to 6 months old

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Elda
7am	Arrival/Welcome & Free play The first few minutes of the school day is very important. It sets the tone for the rest of the day. Children respond positively to structure and routine. Some ideas: Greet each child as they arrive. Have a special place for bags. Have play areas set up where they can play whilst waiting for the day to start.					1.3, 1.4, 2.1, 2.3, 5.1, 5.2, 5.3
7.30am	Breakfast / Bottle Meals are the best time to talk and learn about shape, texture, temperature, size, colour and flavor. Encourage healthy food choices. Wash hands before eating a meal.					1.1, 1.2, 3, 4.3
8.15am	Stimulating play Children need time to play outside and in the different areas of the classroom and this includes the fantasy play area, book corner and on the mat or at tables doing block construction, puzzles and education games.					1.4, 2.1, 2.4, 3, 5.1, 6.2
8.45am	Rest/Sleep					1.2, 3.3
9.30am	Greeting Time Time for the children to sit together on the mat in a circle. A puppet/toy animal can be used to lead the morning greeting. Some ideas: Share news, Who is absent? Any birthdays? Discuss the weather. Chat about the day of the week, month, season. Sing songs. Discuss the plan of the day. Talk about classroom rules.					1.3, 2.3, 2.4, 3, 4.1, 5.4, 6.1, 6.3
9.45 am	Art and Creative Play The time to get messy. Children learn through play and through using all their senses, through exploration, problem solving and creativity. Remember that the process is more important than the end product. Activities may take more than a day to complete. Choose different activities that the children will do at the tables or on the mat. Prepare one activity per table. The children can rotate to sit at a new activity table every day so that they can experience and practice a variety of skills, namely fine motor skills, eye-hand coordination, sorting and matching, cutting, sensory and more.					1.4, 2.1, 2, 2.3, 5.2, 5.3 1.4, 2.1, 3, 4.2, 5.1, 5.3
10.00 am	Snack /Bottle					1.1, 1.2, 3, 4.3
10.30 am	Music & Movement Movement and music are important for coordination, rhythm, attention span and should be FUN. Use the theme to guide what songs you choose.					1.4, 2.1, 2.3, 3.4, 5.4, 6.1
11.00 am	Gross Motor Play (indoor/outdoor) Adult directed indoor/outdoor play time. A time to promote movement, body awareness, balance, strength, movement to music, following instructions, learning to take turns and much more.					1.4 2.1 2.3
11.30am	Lunch time					1.1, 1.2, 3, 4.3
11.30 am	Free Play/Educational Games Children need time to play outside and in the different areas of the classroom and this includes the fantasy play area, book corner and on the mat or at tables doing block construction, puzzles and education games.					1.4, 2.1, 2.4, 3, 5.1, 6.2
12.00 pm	Story time The benefits of reading include: listening skills, memory, concentration, language, vocabulary, relaxation, and brain-development. If possible, choose theme related stories. Ask children simple, open-ended questions about the story and encourage discussions, questions and opinions.					3 6
12.10 pm	Rest/Sleep					1.2, 3.3
2.30pm	Snack/Bottle					1.1, 1.2, 3, 4.3
3pm	Free Play (indoor and / or outdoor) & Home Time Make sure that everyone has packed their bags in time. Remind them if they need anything for the next day.					1.4, 2, 3, 5.4
5.30pm	School Closes					

Green Class Daily Programme – 7 to 18 months old

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Elda
7am	Arrival/Welcome & Free play The first few minutes of the school day is very important. It sets the tone for the rest of the day. Children respond positively to structure and routine. Some ideas: Greet each child as they arrive. Have a special place for bags. Have play areas set up where they can play whilst waiting for the day to start.					1.3, 1.4, 2.1, 2.3, 5.1, 5.2, 5.3
7.30am	Breakfast / Bottle Meals are the best time to talk and learn about shape, texture, temperature, size, colour and flavor. Encourage healthy food choices. Wash hands before eating a meal.					1.1, 1.2, 3, 4.3
8.00 am	Greeting Time Time for the children to sit together on the mat in a circle. A puppet/toy animal can be used to lead the morning greeting. Some ideas: Share news, Who is absent? Any birthdays? Discuss the weather. Chat about the day of the week, month, season. Sing songs. Discuss the plan of the day. Talk about classroom rules.					1.3, 2.3, 2.4, 3, 4.1, 5.4, 6.1, 6.3
8.30 am	Stimulating play Children need time to play outside and in the different areas of the classroom and this includes the fantasy play area, book corner and on the mat or at tables doing block construction, puzzles and education games.					1.4, 2.1, 2.4, 3, 5.1, 6.2
9.00 am	Art and Creative Play The time to get messy. Children learn through play and through using all their senses, through exploration, problem solving and creativity. Remember that the process is more important than the end product. Activities may take more than a day to complete. Choose different activities that the children will do at the tables or on the mat. Prepare one activity per table. The children can rotate to sit at a new activity table every day so that they can experience and practice a variety of skills, namely fine motor skills, eye-hand coordination, sorting and matching, cutting, sensory and more.					1.4, 2.1, 2, 2.3, 5.2, 5.3 1.4, 2.1, 3, 4.2, 5.1, 5.3
10.00 am	Snack /Bottle					1.1, 1.2, 3, 4.3
10.30 am	Music & Movement Movement and music are important for coordination, rhythm, attention span and should be FUN. Use the theme to guide what songs you choose.					1.4, 2.1, 2.3, 3.4, 5.4, 6.1
11.00 am	Gross Motor Play (indoor/outdoor) Adult directed indoor/outdoor play time. A time to promote movement, body awareness, balance, strength, movement to music, following instructions, learning to take turns and much more.					1.4 2.1 2.3
11.30am	Lunch time					1.1, 1.2, 3, 4.3
11.30 am	Free Play/Educational Games Children need time to play outside and in the different areas of the classroom and this includes the fantasy play area, book corner and on the mat or at tables doing block construction, puzzles and education games.					1.4, 2.1, 2.4, 3, 5.1, 6.2
12.00 pm	Story time The benefits of reading include: listening skills, memory, concentration, language, vocabulary, relaxation, and brain-development. If possible, choose theme related stories. Ask children simple, open-ended questions about the story and encourage discussions, questions and opinions.					3 6
12.10 pm	Rest/Sleep					1.2, 3.3
2.30pm	Snack/Bottle					1.1, 1.2, 3, 4.3
3pm	Free Play (indoor and / or outdoor) & Home Time Make sure that everyone has packed their bags in time. Remind them if they need anything for the next day.					1.4, 2, 3, 5.4
5.30pm	School Closes					